



Retirement Asset Decumulation

— a Multifaceted Challenge

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Quote from a Barron's senior Financial Planner

- ***“Decumulation is the most troubling problem in finance today and we’re asking each individual to solve it on their own.”***
 - We thoroughly agree with this statement!
 - Strange that financial services industry is MIA!
 - We hope to demonstrate today some ***new ideas*** for you to take away & ***improve your “Golden Years!”***

What is Asset Decumulation in Retirement?

- Refers to the tendency for most portfolios to decline over the retirement period
 - **Consumption > Income & funds growth generated**
- Greatest fear in retirement is **outspending your life savings +/- any net cash inflows/outflows**
- Literature commonly covers this subject under “**Withdrawal Strategies**”
- Discussion became quantitative in '94 when Bill Bengen found that a “confident” withdrawal (WD) rate for most would be **4% on a 60/40 balanced portfolio incl COLA**
 - **Rate recently amended to 4.5%**

How this Talk Came About?

- Many sources provide generic Tips - ***not nearly specific enough!***
- Read article on decumulation by **Christine Benz** (Morningstar) & **Anne Lester** (JP Morgan Investment Management)
 - Contained some interesting points but ***it missed a lot more than it included***
- Subject is very broad so we won't **cover every situation**
- **Almost no writers cover decumulation as an integrated subject**
- **Far too important not to give it more exposure and try to propose solutions for nascent retirees**

What's Different about Retirement?

- **Reduced earnings**
- Visible **spending constraints**
- Heightened sensitivity to **Investment Losses**
- **Unknown Longevity periods**
- Exposed to **spending shocks**
- **Compounding Inflation rates**
- Declining **cognitive abilities**
- **So many more unknowns in this subject domain**

What does *picture* have to do with *decumulation*?



What does *picture* have to do with *decumulation*?



Chicken has only an interest in retirement but the pig has fully committed

Which one are you?

“Successful & Secure Retirement” – **a reference book by Swedroe & Grogan (2019)**

- A great reference book for the entire gamut of Retirement subjects including **Asset Decumulation**
- **Swedroe speaking here January 22nd on Factor Investing** through the magic of AV
- Book also speaks to **Estate planning, HSAs, Factor investing, Elder abuse, et al**
- My copy of book is available to peruse
- Get PPT from our Website **www.aaiihouston.org**

Swedroe & Grogan Retirement Phases

- **Accumulation Phase**
 - Most of adult life; big pressure to save
- **Black-out Phase** (from retirement to age 70)
 - No salary, no SocSec yet or RMDs - **Big Transition!**
 - Tax advantage to convert IRAs into Roth's
 - Economic advantage to defer SocSec
- **Spend-down Phase** (at age 70+)
 - Deferral of SocSec expires & RMDs begin
- **Final Spending Phase** (sometime in the 80s)
 - Longevity risk starts to bite as lifespans get longer
- **Legacy Phase**
 - Where we hope to leave something for our heirs

Big switch of some major gears from Accumulation to Decumulation

- ▶ We spend ~40 years saving hard for retirement
- ▶ Meanwhile, our employers provide 401 (k) matching & the IRS allows tax-deferred saving
 - ▶ ***This is all about saving & investing aggressively (LT horizon)***
- ▶ At retirement, we have to reconfigure what to spend \$ on & at what rates
- ▶ At age 70, we ***start to pay back*** all those tax deferrals through RMDs & higher tax rates
 - ▶ ***This is all about spending & investing wisely (MT horizon)***

WD Rate Strategies- In addition to Bengen

- Proven **Success model tables** – Cooley, Hubbard, Walz
- **JP Morgan Dynamic** strategy varies with portfolio size & age; also prescribes the sequence of asset types withdrawn
- **Guyton** created rules to preserve capital by adjusting for bad performance periods – “**guardrails**”
- **IRS Mortality tables** increase WD rates annually – we **only reach 4.5% Bengen levels by age 76** so may be overly conservative
- **Schiller CAPE ratios** with 10 year ranges - adjusts WD rates annually based on forward/past PE ranges
- **Guyton** also created the **Mid-course Adjustment** strategy – adjusts WD Rates every 5 years based on performance

What do you think are the major risks are in retirement?

Key Risks in Retirement

- ▶ Longevity Risk (**unknown planning horizon**)
 - ▶ Macro environment/Market Risk
 - ▶ Investment & Interest rate **volatility**
 - ▶ **Taxation & Regs**
 - ▶ **Sequence of return risks (deemed most important risk!)**
 - ▶ **Inflation** may be higher than planned
 - ▶ Personal Spending
 - ▶ **Health & Long-Term Care**
 - ▶ Help less well-off family members
 - ▶ Divorce/Fraud/Theft

Managing Sequence Risk – Textbook View

- Sequence risk is the possibility of losing a major % of your family portfolio early in retirement before it has started to grow
 - *Due to difficulty in recovering from a 30-50% market loss as well as risk of reentering the market too late/too soon*
- Spend conservatively
- Spend flexibly
- Reduce Equity Volatility; same exposure
 - *Build a lifetime spending floor with annuities or structured settlements*
- Buffer Assets (avoid selling at a loss)

Managing Sequence Risk – Targeted Approach

- Most of this discussion is around making financial plans & diversifying your portfolio
- What is often **not discussed** in the literature:
 - **Reverse mortgages** on a temporary basis coupled with astute tax planning
 - Systematic **diversification** as demonstrated by 7Twelve^(R) process by Prof. Israelsen
 - Use of **Low Correlation** asset classes
 - Use of **Alternative Investments** vs conventional market-based ones

Suggested Approach – Combine Reverse Mortgages, Social Security & Tax Efficiency

- Create significant value by deferring Social Security
 - **25%** (ages 62-65); **32%** (ages 66-69) **Big numbers!**
- **Convert Traditional IRAs to Roth's to save major tax outlays**
 - Pay lower taxes for a few years & **avoid paying absolute taxes starting age 70 for >20 years**
- Fund these two major benefits by **setting up a RM**
- As a bonus, also get for free **mitigation of Sequence Risk**
- As a second bonus, can maintain your RM to create a **lifetime Credit Line up to \$1mm**
 - **Provides huge flexibility to manage unforeseen crises**

Differences - Pre-Retirement vs Retirement



“The IRS regs take the gold out of the golden years”

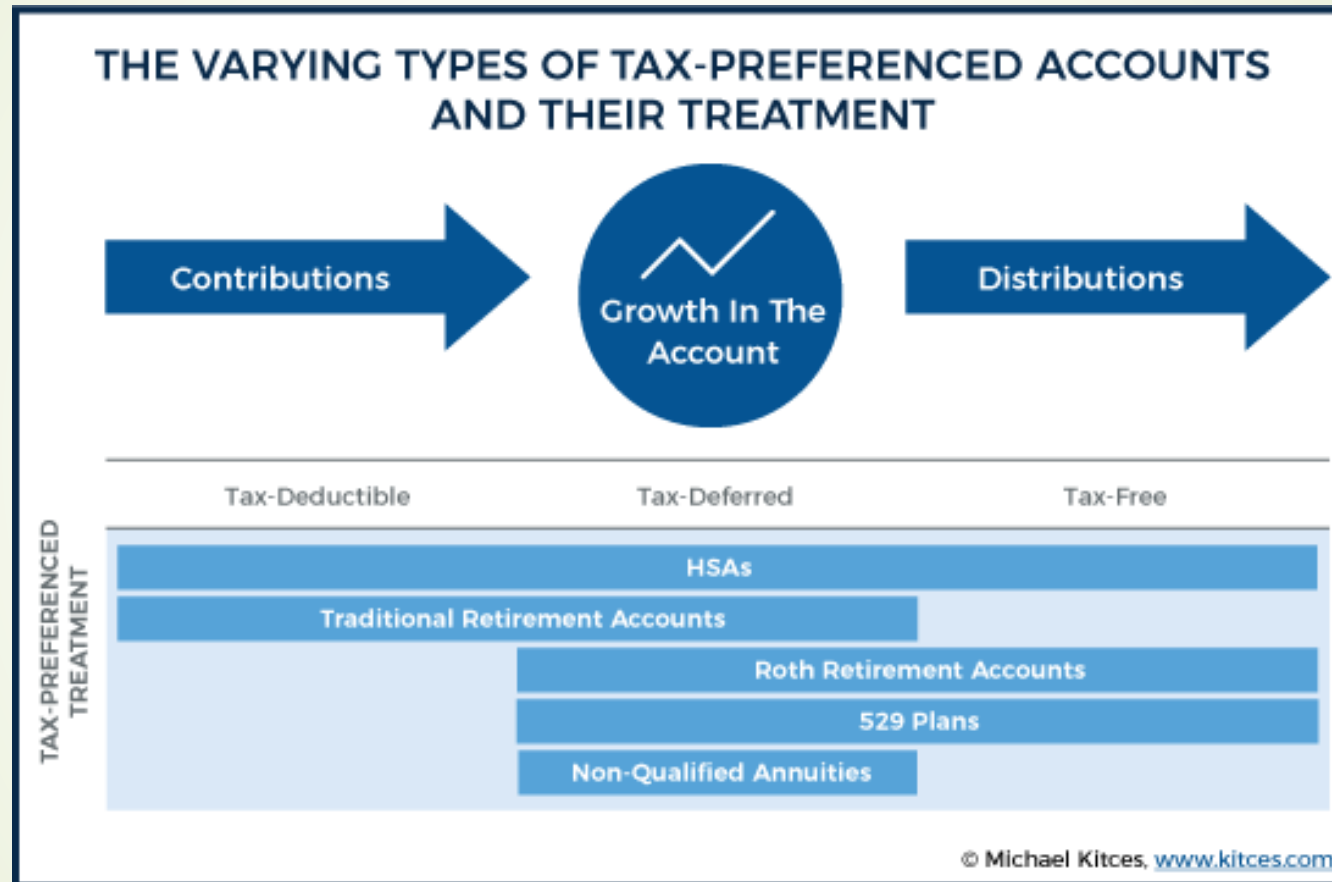
Suggested approach – more color

- ▶ SocSec **deferral pays off quickly**; trend is to **longer lives**, especially couples
- ▶ At age 70, you **must make mandatory RMDs**
 - ▶ **“Taking the gold out of the Golden years”**
- ▶ **Optimal approach** is to take RM at age 62, run it up & start paying down over the years to say a \$50 balance
- ▶ Home Values are **credited at 1.5% monthly** & can reach **\$1mm with compounding**
 - ▶ Reverse Mortgages currently **limited to \$637k**
 - ▶ **RM interest receives a deduction for income taxes when repaid**
- ▶ **Avoids sequence risk**; also avoids having to guess when to get back into the market
 - ▶ Missing a small number of days can represent large % of returns

Reverse Mortgage Realities

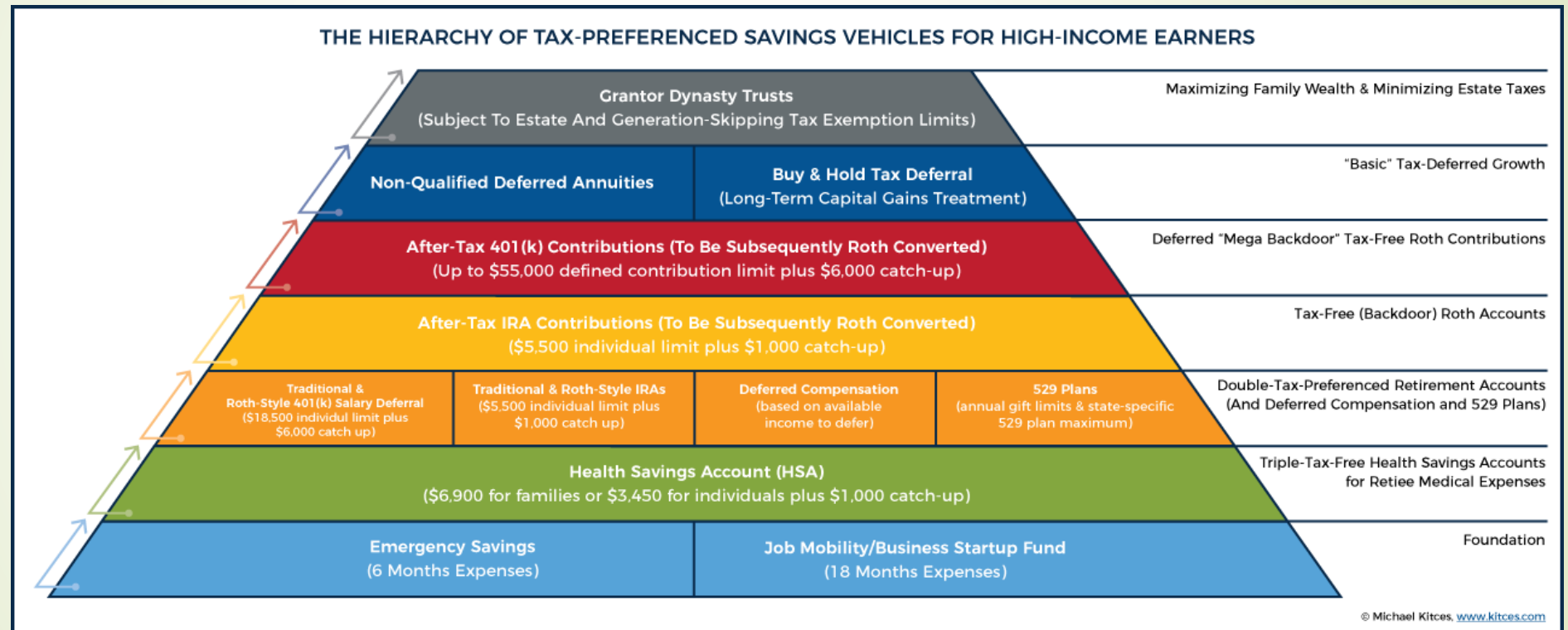
- ▶ **Overhauled by Congress in 2010-13**
 - ▶ Historically had **bad reputations**
 - ▶ Set up costs ~\$15k; interest ~6.5% on adjustable HECM; less on fixed
 - ▶ Pay 1.25% insurance as part of rate to protect taxpayers
- ▶ **Secured on your primary residence**
 - ▶ Must reside there the majority of the year & pay all property taxes
- ▶ **When both spouses pass:** the property value is assessed & offered to heirs at market price less the mortgage balance
 - ▶ **Heirs are free to buy the house or not** at that price!
- ▶ **Calculus is whether to live off the home equity during life & deprive heirs of a larger inheritance or use RM as a piggy bank**
 - ▶ Depends heavily on individual facts & circumstances

Tax Efficiency of Investment Vehicles



**These are the main investment vehicles available to lower taxes; Should get educated if unfamiliar.
The vehicles improve from left to right**

The search for Tax Efficiency gets complex quickly!



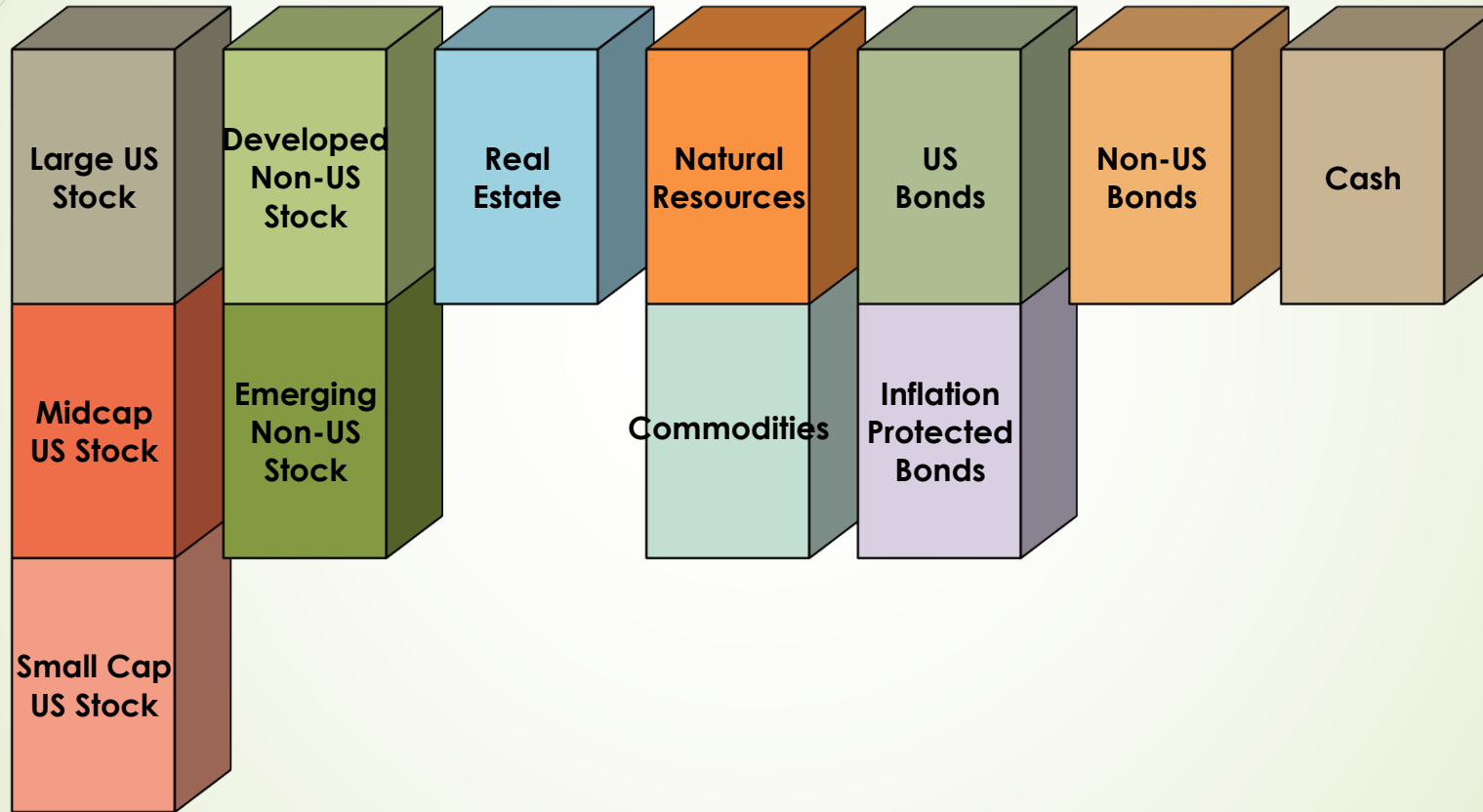
**Seek tax advice to take advantage of these vehicles,
where beneficial**

Systematic Portfolio Diversification

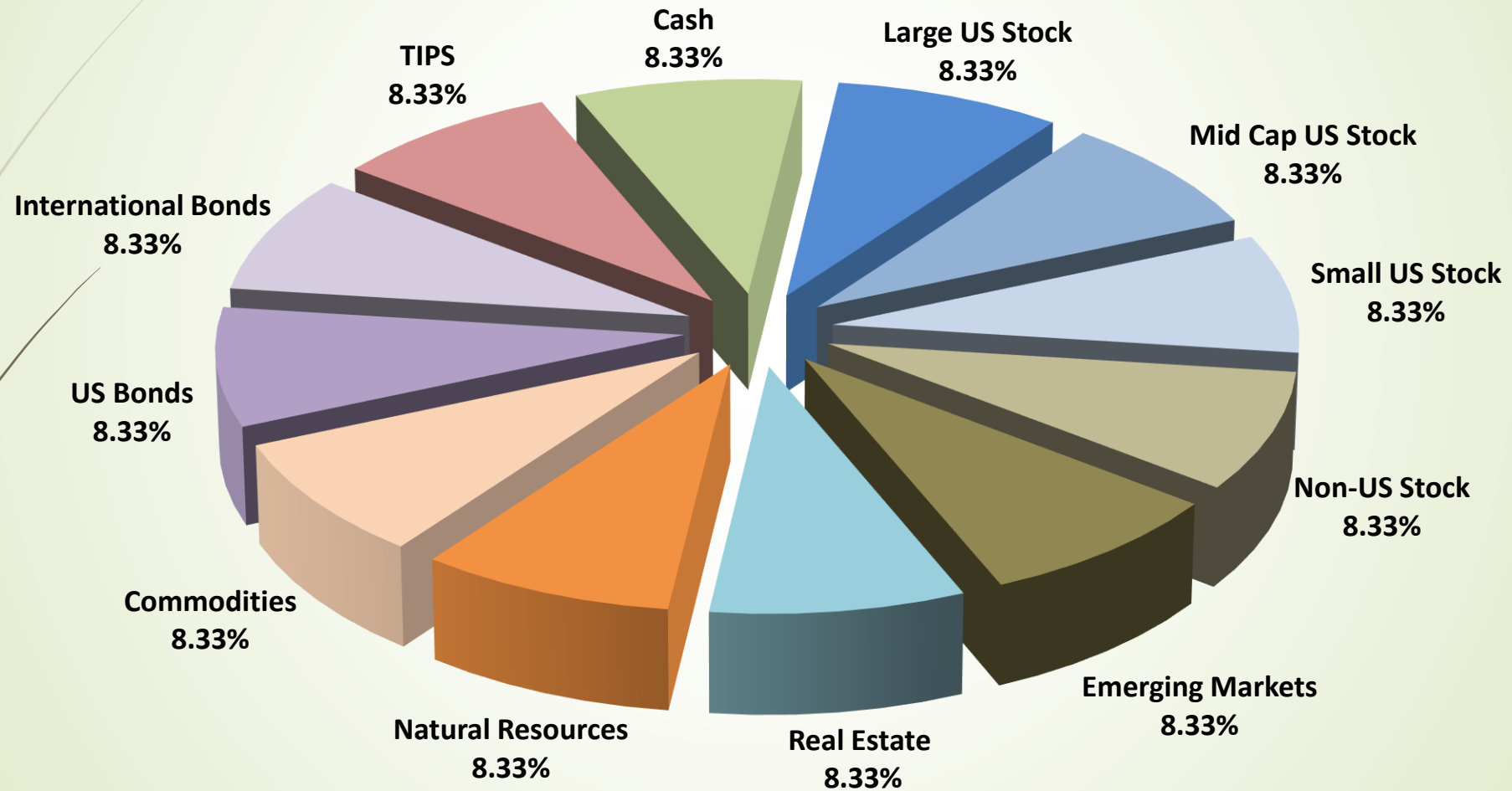
- to mitigate Sequence Risk

- ▶ **7Twelve^(R) process is a good example**, whereby the portfolio is divided into 12 asset classes, monitored, & rebalanced annually
 - ▶ **Trinity funds also very good (GAA)**; available from Cambria Mgt
 - ▶ Private 7-Twelve fund **offered by Millstein Advisors**, former chapter president
 - ▶ **Since we don't know which will outperform, use all asset classes**
- ▶ 7Twelve is **statistically proven** to exceed 60/40 & other portfolio structures
- ▶ Portfolio is **widely diversified** by definition
- ▶ Can choose to overweight & underweight asset classes at will
 - ▶ Couples with high \$ homes & good incoming cash flow **will need a lot less bond exposure than the standby 60/40 allocation**

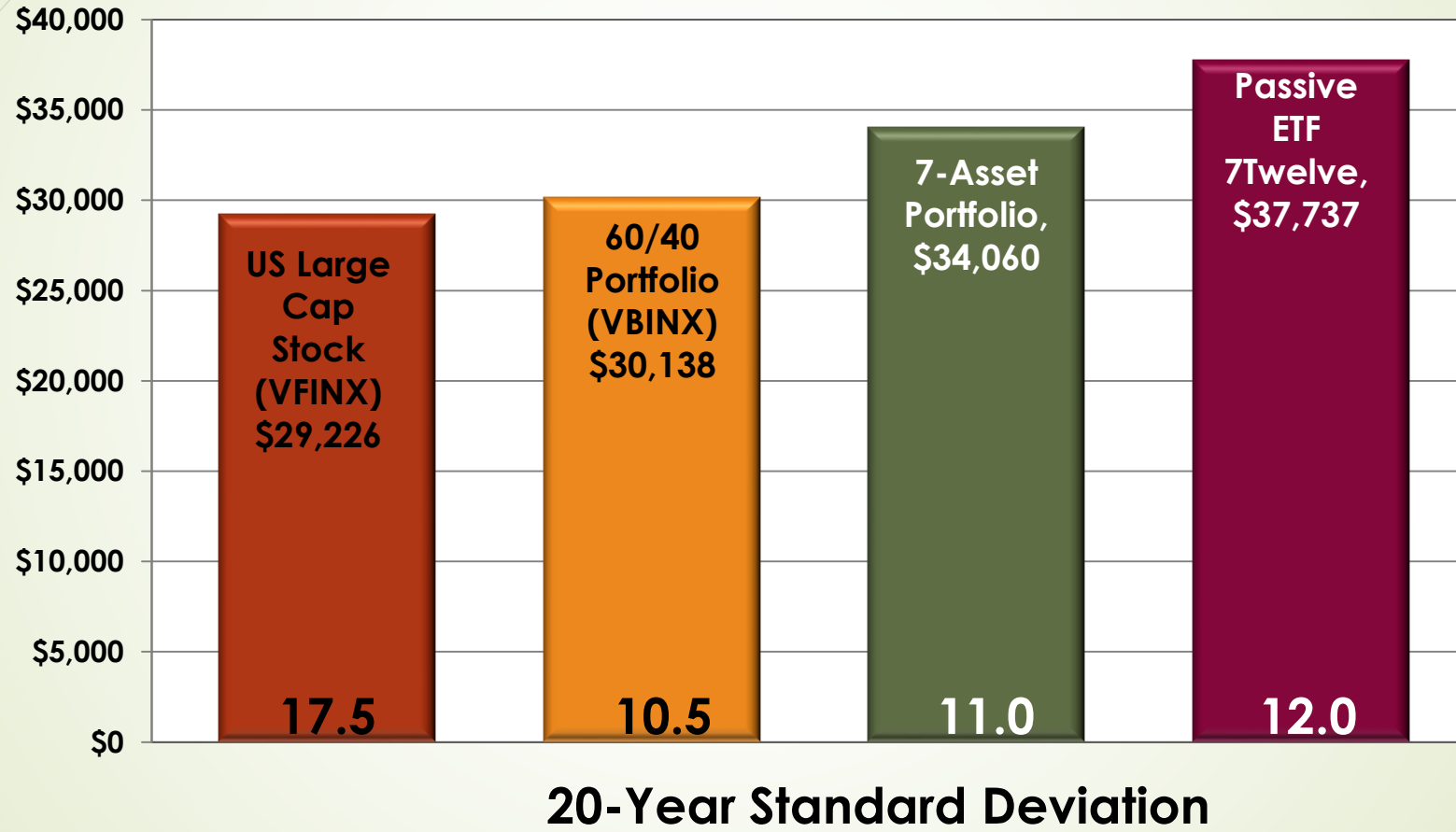
7Twelve® Asset Portfolio Structure



Equally-weighted exposure to 12 asset classes

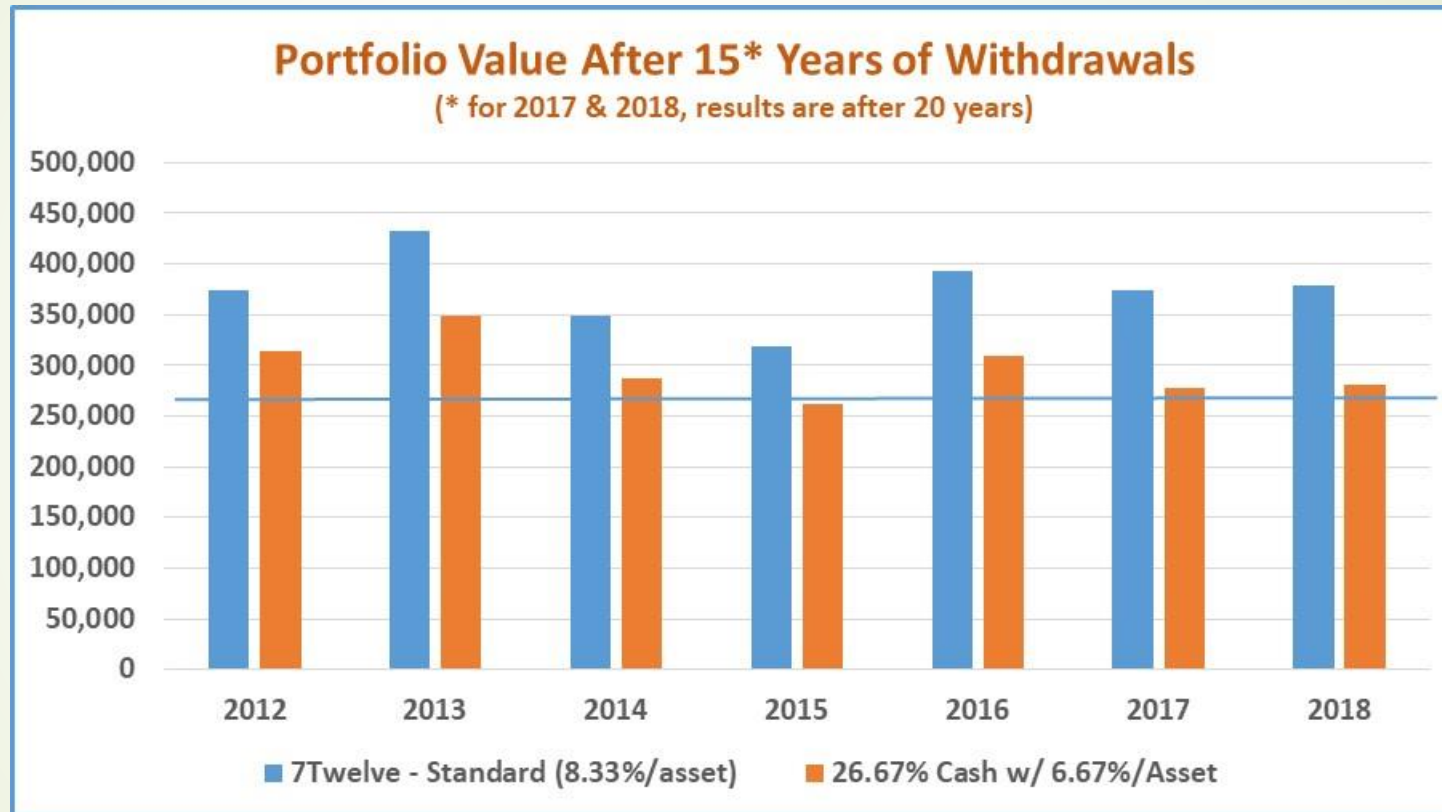


7Twelve® 20-Year Growth of \$10,000 1999-2018



7Twelve® as a Decumulation Vehicle

- proven to remain steady



Assumptions:

Begin with \$250,000 & withdraw 5% at the end of each year

Give yourself a 3% COLA increase at the end of each year

More conservative case uses 26.67% to cash & equal \$ to other 11 asset classes

2012-2016 are for 15 years; 2017 & 2018 are for 20 years

Buy Low, No, or Inverse Correlation Assets




- to mitigate Sequence Risk

- Correlations are the rates of change of the asset wrt the S&P 500
 - Perfect inverse correlation has coefficient of -1 while zero correlation infers no relationship between the asset movements
 - Don't buy assets with high correlations; **no diversification benefit**
- **Examples** (some covered in 7Twelve):
 - Use several different bond strategies/bond types to diversify
 - **Life settlement funds; Structured settlements** (zero correlation)
 - Commodities
 - **Real Estate/Real Lumber/Real Oil & gas assets**
 - Emerging & Developed market securities
 - Buy ETF funds for diversification vs individual stocks
 - Low Momentum equity/bond funds
 - Dividend Aristocrat ETFs &/or Stock Buyback funds
 - **Alternative investments** (see next slide)

Alternative Investments - to mitigate Sequence Risk

- ▶ They include **private stocks & bonds, partnership interests in hedge funds, real estate, oil & gas, litigation financing, venture capital funds, medical royalties, etc**
- ▶ When markets collapse, correlations tend to migrate towards equity market performance
 - ▶ **Alternative investments should not do that!**
- ▶ Since they are private & illiquid, there is **no “mark to market”** on a daily basis
- ▶ Generally, **illiquid investments demand higher returns** to compensate investor's inability to timely cash-out
 - ▶ **They should be more attractive!**
- ▶ **Alternatives have different risk/reward profiles** than public securities
 - ▶ However, they are **not risk free!**

Another way for Retirees to select Income Strategies comfortable for them

STRATEGIES FOR GENERATING RETIREMENT PAYCHECKS			
Approach	 Income Focused	 Capital Gains Top-Up	 Fully-Invested Total Return
Dividends & Interest	Paid As Received	Paid in Cash	Reinvested As Paid
Capital Gains	N/A	Sold Periodically to Replenish (Top-Up) Cash	Liquidated As Needed
Cash	N/A	Accumulates for Distributions	Fully Invested
Common Investments	Bonds, Dividend-Paying Stocks, REITs, MLPs	Balanced Portfolio of Stocks & Bonds	Diversified Growth-Centric Portfolio

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All legitimate strategies, depending on needs

Alternatives to avoid Black Swan events

➤ **Alternative Lending**

- Loans for small business, college expenses, student housing, etc

➤ **Reinsurance**

- Act as reinsurer for catastrophic risks

➤ **Variance Risk Premium**

- Arbitrage ST & LT option volatility

➤ **Alternative Risk Premium**

- Long-short equity funds

All funds exhibit negative skewness – more downside protection than upside potential

Retirement Planning I

- ▶ **Must make a Plan yourself**; then solicit one from a trusted financial advisor or a third-party planner for a fee
 - ▶ Later, use online plans for **dynamic monitoring** e.g. Vanguard
- ▶ Make sure all cash flows in/out are considered, especially taxes
 - ▶ Tax rates **will most likely be higher** than expected after age 70
 - ▶ Every \$ withdrawn from Traditional IRAs are **taxed at marginal rates after age 70 (RMD regs)**
- ▶ Post-retirement costs tend to rise for a few years with discretionary travel, sports cars, RVs etc but **begin to reduce considerably after age 75**
 - ▶ Typically less active, eat/drink less, & travel less; offset by **higher medical costs**
 - ▶ **Buy LT Care insurance**; some may self-insure or use hybrid annuity
 - ▶ ~68% of people >65 will spend extended periods in LTC facilities

Retirement Planning II

- ▶ Fundamental question of ***whether to leave a legacy or not*** could dramatically change impact the Plan feasibility!
- ▶ Next “biggie” is ***what market RORs to assume***
 - ▶ Planners tend to aim high on this variable; ***market is trending lower***
 - ▶ ***After-tax, After-fee returns must be > breakeven net cash outflows***
 - ▶ If you can lock in a greater return than your breakeven, ***go for it!***
 - ▶ ***Look at Life settlements, Steady growth funds, Low-risk private debt, private stocks, REITs etc***
 - ▶ ***Recently placed an 8% 5-Yr private debenture with minimal risk***
- ▶ Ensure the planner provides ***Monte Carlo simulations***, portfolio & inflation sensitivities & reasonableness checks back to your Plan
- ▶ Also, do your own ***“Back-test”*** by applying weighted 20-25 years stock & bond performance, inflation & tax rates
 - ▶ Apply historical data to your portfolio looking forward

Conclusion

If your Plan Feasibility is strong, relax & enjoy life

- ***But monitor periodically!***

Otherwise, keep working the Plan

- ***Consider ideas presented today as well as lowering costs, adding new income, or applying Leverage!***

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